



PSIA-Western Division

Resort Trainer Program

Course Name: Resort Trainer Program

Discipline: Alpine

Time: 2 Days (12 credits)

Environment: Intermediate to easier advanced terrain

Prerequisites: Level 2 Certification.

Course Description:

The Resort Trainer Program was developed by PSIA-W education staff specializing in resort based programs. The 2-day clinic is for new and experienced trainers who are interested in developing and strengthening the skills to deliver education and certification clinics. Participants will learn how to plan and develop learning outcomes and paired activities that can be adapted to educational clinics or specifically for the certification pathway. A pre-event survey will collect information to customize the event to individual goals and be grouped with like participants.

Participants will practice how to deliver clinics on the fundamentals in teaching, technical, and people skills that make up the Learning Connection. On-snow sessions will focus on how to develop clinic activities, deliver engaging and relevant clinic experiences, adapt training for varied situations, and opportunities to focus on personal technical skills with the use of video for indoor review. The certification process along with a review of division study guides will be covered indoors.

Learning Experiences:

Specific activities will vary depending on group and individual goals, and prior training experience.

- Review and understand how to use the Learning Connection – for instructor training and determining school training needs.
- Plan, organize, and practice delivering training segments, for Technical and Teaching Skills.
- Develop training activities for Technical Skills using the skills concept and the 5 fundamentals.
- Practice using the Teach to Teach System as the framework for delivering Teaching Skills.
- Personal skiing improvement through practice identifying your own cause and effect relationships.
- Practice using the Fitts and Posner Model to determine phases of skill acquisition while exploring new exercises.

Themes for the 19-20 Resort Trainer Program

- What truly makes a great trainer? How do trainers use the LC Model (Tech/Teach/People Skills) to create exceptional training/learning experiences?
- Learning how to create training objectives with clear learning outcomes. Learn to adapt to variety of audiences (new hire, L1, L2, L3, non-cert education training).
- Practice developing learning experiences (for participants in home resort training programs) that connect Teaching & Technical skills with engaging and relevant progressions.
- Personal Skiing improvement as an opportunity to strengthen: cause and effect understanding, skill to skill relationships (what are the specific differences between you and your ideal movement patterns), understanding motor skill acquisition process & stages as it applies to making changes in your skiing, and reflecting on how you receive and how you implement coaching recommendations.